



Irondequoit Little League Baseball T-Ball Rules



Field Setup

1. Diamond Size: 50' between bases. The home team takes the first base bench and is responsible to setup the field and remove bases at the end of the game.
2. Make sure that bases are returned to the storage unit after the game and make sure the storage unit is locked.

Pre-game

1. Game start-up
 - a. Players and coaches should arrive at the field at least fifteen minutes before the scheduled game time. Players should warm up during this time.
 - b. The league is responsible for postponing a game due to inclement weather. If a game needs to be postponed for another reason make sure all players and the league commissioner are informed
 - c. Only registered and uniformed players will be allowed to play.

Game Rules

1. Game Length

Length of the game should be three innings or about an hour of play. No official score is kept. No official outs are recorded.

2. Players

The intent of this league is to instruct the players and provide opportunities for them to play different positions during each game. Normal infield positions are played except catcher, with remaining players spread out in the outfield. Do not field two pitchers or place a defensive player on top of second base.

3. Coaches

- a. There should be a first and third base Coach for the team at bat in addition to a bench Coach. There should be at least two coaches in the field to assist defensive players when ball is hit into the field of play.
- b. Any parent that would like to assist during the game as a coach must fill out a Little League Volunteer Form, according to Little League regulations.

4. Hitting

- a. Every batter will bat every inning. The Coach will place the ball on the tee for his own team. When the last batter bats the inning is over. Line-up order may be changed from inning to inning to allow different players to bat last.
- b. For games we will be using the Tee for all three innings. The use of the tee will teach the player the proper mechanics of the swing and encourage good batting habits. For



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the last two weeks of the season we will give the player the opportunity to hit a ball pitched by the coach. If the player does not hit the ball after five attempts the tee will be used. No exceptions to this rule.

- c. **Only the player who is at bat is allowed to have a bat in his/her hands.** All other players should be seated on the bench.

5. Base Running

All players advance one base at a time no matter how far the ball travels. The last batter will hit a grand slam and run all four bases. Please make sure all players have a chance to bat last during the course of the season.

6. Equipment

- a. Official helmets must be worn by all batters and base runners. On defense the pitcher and first baseman are required to wear helmets.
- b. Long pants must be worn, no shorts are allowed.
- c. All bats must meet Little League standards. Any wooden bat must have tape on the grip.

7. Safety

- a. No bunting, sliding or stealing are allowed.
- b. **There is no on-deck circle and no swinging the bat until the player is at the plate with a coach per Little League rules.**
- c. If thunder or lightening is detected in the area stop play immediately and wait a minimum of thirty minutes with no thunder/lightening repeats before returning to play. Players/parents should leave the field and wait in the vehicles.

Any questions or concerns should be directed to the T-Ball Commissioner